Greeley Winter Farmers' Market to hold cooking demonstration on Saturday

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Farmers' Market on Saturday will play host to a cooking demonstration, switching it up by serving visitors gourmet food on plates.

Executive Chef Chad Young from the Tavern at St. Michael's Square, 2918 67th Ave., will prepare two dishes from local produce, including fresh white button mushrooms grown in Kersey.

The Farmers' Market is open from 9 a.m.-noon and at 1100 8th Ave. Visitors also can explore a variety of vendors providing local meats, baked goods, jams, jellies, spices, produce, and local arts and crafts.

Make TODAY Count! works with community partners to improve well-being, increase healthy eating, and increase active living. It is powered by a collaboration of individuals, agencies and businesses across Weld County. The health campaign also is supported by a grant from Kaiser Permanente and coordinated by the North Colorado Health Alliance.